

Dear Resident Camper,

We are excited for you to be a part of Resident Camp 2024 as it quickly approaches! We have been working hard to prepare for you all to come to camp!

For those of you who are coming to Resident Camp for the first time, we are excited to meet you! And while trying something new or being a resident camper for the first time can be scary, we are proud of you for taking this first step. We have a lot of fun activities planned, and we are confident that our returning campers will help you feel at ease in the new space.

For those of you who are returning campers, we can't wait to see your smiling faces. We know this is something you look forward to every year, and we are working hard to make this year even better than last year.

We've included a suggested packing list on the next page as well as the items that are banned from camp. Please reach out to Tricia Howell <u>loviehowell@gmail.com</u> with any questions or concerns.

Every year, we look forward to reuniting at camp together. We know this is going to be a great year! Looking forward to seeing you soon.

Resident Camp Choson Director Tricia Howell <u>loviehowell@gmail.com</u> 612-695-5968



## Packing List Suggestions:

Clothing	Personal Items
<ul> <li>Athletic clothing for outdoor activities</li> <li>Long pants</li> <li>Shorts</li> <li>Sweatshirts</li> <li>Hat</li> <li>Swimsuit</li> <li>Pajamas</li> <li>Socks</li> <li>Underwear</li> <li>Rain jacket</li> <li>Jacket for cooler weather at night (e.g. fleece or hoodie)</li> <li>Shirts (short sleeve and long)</li> <li>Flip flops for showers</li> <li>Tennis shoes</li> </ul>	<ul> <li>Sleeping bag, blankets and/or sheets</li> <li>Pillow</li> <li>Toothbrush and toothpaste</li> <li>Toiletries, such as soap, lotion, shampoo*</li> <li>Towel</li> <li>Insect repellant</li> <li>Sunscreen</li> <li>Sunglasses</li> <li>Water bottle</li> <li>Backpack</li> <li>Flashlight and/or head lamp</li> <li>Camera</li> <li>Medications in original labeled containers</li> </ul>

\* Anything that smells like flowers, fruit, or strong scents might attract bugs

# Here is a list of <u>banned</u> items:

Dangerous Items
• Toy guns
• Firearms
<ul> <li>Knives (including Swiss Army type)</li> </ul>
Matches
<ul> <li>Sports equipment (e.g. lacrosse sticks)</li> </ul>
Lighters
• Fireworks
Cigarettes
• Drugs
Alcohol



Dear Resident Camp Choson Parent,

Welcome to Resident Camp Choson 2024! We are working hard to prepare for another great year at camp and look forward to reuniting with our camp family.

#### Please review the following materials:

- Camp check-in/check-out
- Documents required at check-in (health form, behavioral policy)
- Letter to your camper (includes a list of necessary items, as well as those banned from camp)

#### **Check-in Time and Location:**

Check-in is on Sunday, June 30th from **2:30 to 4:00pm in the Gymnasium**. We will have signage posted to support your navigation of the site. We will ask you and your camper to check their bags together to make sure there are no banned items in your camper's luggage (see letter to camper). Any banned items will be sent home with parents or confiscated (if found later). Dangerous or illegal items will be grounds for immediate dismissal from camp.

#### Check-in Documents:

- Health Form (located on the <u>website</u>) The camp medical coordinators will see each camper during this time. Send to camp only those medications prescribed by a physician, in original bottles with dispensing instructions clearly marked. It is important that meds stay in their original bottles. All medications, except inhalers, must be turned in at this time.
- 2. Behavioral Policy (located on the <u>website</u>) A copy signed by you and your camper is required at check-in. Please review with your camper before you come to camp.

<u>Market Account Set-up</u>: All money brought to camp by campers will need to be turned in at registration. Resident Campers will each have their own account for spending at our Korean market. Any funds remaining will be returned to campers on Friday.



### Mandatory Parent/Family Meeting (approximately 30 minutes):

Resident Camp Director, Tricia Howell, along with Board Presidents, Matt McNiff and Carolyn Gilde, will welcome all the Resident Camp parents/guardians and campers at 4:00pm.

Meeting Agenda:

- Introduction of resident camp staff and Ewha guests
- A review of camp policies
- Overview of the week
- Q & A

We will meet an additional 15 minutes with parents/guardians while campers join counselors to check into their housing; this portion of the meeting will provide a brief update on Camp Choson as a volunteer organization.

**<u>Camper Contact</u>**: To ensure a great camp experience please avoid removing your child from camp to attend other events during the week. Do not remove any camper without consulting the Resident Camp Director, Tricia Howell.

<u>Check-out:</u> Resident Camp will close on Friday, July 5th. Please meet your Resident Camper in front of the Tabernacle building between 11:30am and noon. Lunch tickets will be available for purchase, and you can visit the market for Korean snacks and gifts.

After lunch, camp clean-up begins. **We are always short on volunteers for camp clean-up and would really appreciate your help!** If you haven't signed up yet, the link for our volunteers is on the website. You are also welcome to join the day camp's closing ceremony at 1:30pm.

If you have any questions, please feel free to contact either of us. We look forward to seeing you soon!

Resident Camp Choson Director Tricia Howell <u>loviehowell@gmail.com</u> 612-695-5968



# What Do I Expect When My Teenager Is In Resident Camp?

We strive to have the experience of spending one week at Camp Choson be the highlight of your teenager's summer. Resident Camp, by design, is different from Day Camp. The following points are shared with you in preparation for Resident Camp.

Anxiety and nervousness just prior to camp are normal! Expect your teenager to exhibit doubts about having fun, being bored, wishing he/she/they did not "have" to go, and a whole host of worries about being away from family, friends, and routine for one week. Please know that there are supports in place to help with this.

Camp is about taking risks in a controlled and safe environment to help build character and a positive sense of self! We do our best to provide a week filled with activities that encourage self-discovery, awareness, and knowledge. This will include a mix of contemporary Korean and Korean American culture through music, movies, art and dinner prep, as well as opportunities to explore adoption issues (for those adopted) and teamwork principles through camp games, social time, and discussions.

It is important that contact with parents be minimized! In order for the campers to come together as a group and feel comfortable taking risks in self-discovery; we value the development of a positive community with their peers and counselors. Occasional contact with parents can bring on feelings of homesickness or otherwise disrupt the group. Please rely on letters during this special week as your primary contact with your teenager. Assume that no news is good news. If you are at camp volunteering, please try to keep as low a profile as possible whenever the resident campers are around.

The resident counselors have been carefully recruited to assure safety and a great experience! Counselors work hard for 24 hours each day to help your teenager build skills and memories that can last a lifetime.

**Don't be too surprised if your camper is not forthcoming with information about camp!** Many teenagers will share only a little at first, but more as the weeks go by. When your teenager starts to share, listen carefully. Many teenagers have breakthrough moments at camp.

**First-time camper?** If this is your child's first time at a camp, take them to a local park and get them used to being outdoors around the "wild" (ie. trees, bugs, etc.). If you're worried about your child getting homesick, have conversations with him/her/them detailing his/her/their expectations and worries. Remind them that they can always write home, and tell them that having an open mind and a positive attitude going into camp will make it that much more enjoyable and memorable.

**Survey Feedback from last year's campers:** What do they like best? "food, friends, good times, memories" Suggested changes? "make camp<u>longer"</u>